



AGENDA:

2nd Transnational Meeting in Sofia – Bulgaria

Thursday 02/06/2016 - Saturday 04/06/2016

DATE:	TIME:	ACTIVITY:
Thursday, 02/06/2016		Arrival of the partners Accommodation at Festa Hotel in Sofia
	17:00 – 19:00	Revision of the kick-off minutes. Presentation of Project flyer (Il Filo d'Arianna, IT) and Press release (AE2O, PT). Forthcoming activities. Timetable. Role and responsibilities of the partners
	20:00	Welcome dinner at the hotel restaurant
Friday, 03/06/2016	09:00 – 11:00	Welcome by Petya Demireva and Humanity & Longevity Staff Project status: ALTIUS FRANCISCO DE VITORIA Foundation, Spain Presentation of IO1: UNIC, Cyprus Discussions Presentation of IO2 template: DGSSIS-CM, Spain
	11:00 – 11:20	Coffee break
	11:20 – 12:50	Visit of representatives of the Ministry of Labour and Social Policy of the Republic of Bulgaria Round Table: Social Inclusion and Employment of Disadvantaged Young People
	13:00 – 14:00	Lunch at the hotel
	14:00 – 17:00	Discussions on the IO3 template: VBC, Lithuania Discussions on the project portal: Altius, Spain Organisation of international multiplier event: DGSSIS, ES 1 st Evaluation report, presented by VBC, LT Budget review for Intermedium report. Required documents
	17:00	Sofia City Tour* (see description below)
	20:00	Dinner at Bilyana Restaurant with special folk programme
Saturday, 04/06/2016	08:00 – 10:00	Working breakfast. Final conclusions and evaluation of the meeting
		Team Building Tour to the Rila Monastery** (see description below). Dinner at the hotel for those who depart on Sunday, 5 th June



*** Sofia is the capital city of Bulgaria.** *The city is located at the foot of the Vitosha Mountains, which is also one of the fast developing ski centers in the country. Sofia is one of the oldest European capitals and a very interesting sightseeing destination: visitors have the chance to admire various historical and cultural monuments from different ages. Sofia's city centre stands upon the foundations of the original Roman settlement, Serdica, although the remains of this city are several meters below ground level.*

The City of Sofia is the part of the country that has experienced the most dynamic development with reference to the years after the transition to democracy and a market economy in 1989, and even more now that Bulgaria has become an EU member state since January 2007. Sofia is the largest political, cultural and economic centre in the country. The city is the administrative center and the seat of the state institutions. According to that, the infrastructure, communication systems and information technology, as well as all other services, are extremely well-developed, even if they don't quite compare to those in other European capitals.

**** One Day Trip to Rila Monastery**

Depart in the morning from the noisy Bulgarian capital and head to the heart of Rila Mountains, where you can admire the impressive Rila Monastery (UNESCO) - its architecture and the frescoes presenting the apogee of the Bulgarian Renaissance art.

Rila Monastery is situated in the heart of the majestic Rila Mountain, the highest Balkan Peninsula Mountain, in the valley of the Rilska River, about 120 km South from Sofia.

The Monastery is a part of UNESCO's World Heritage list since 1983.

Rila Monastery was founded in the 10th century by St. John of Rila, a hermit canonized by the Orthodox Church. His ascetic dwelling and tomb became a holy site and were transformed into a monastic complex which played an important role in the spiritual and social life of medieval Bulgaria. Destroyed by fire at the beginning of the 19th century, the complex was rebuilt between 1834 and 1862.

A characteristic example of the Bulgarian Renaissance (18th – 19th centuries), the monument symbolizes the awareness of a Slavic cultural identity following centuries of occupation.

A touch of the Balkan medieval history – Rila Monastery gives the impression of a fortress. A step through the archway and you fall in another world. With its 1200 scenes of decorative paintings and numerous figural images, the open arcade of the church is a genuine art gallery.



You'll be fascinated by the church in the centre of the Rila Monastery with its richly coloured frescoes in the shelter of its porch. The intricate carvings of the gilt iconostasis, the church plates and murals will amaze and captivate you. Don't miss the visit of the Monastery Museum – a genuine treasure house of golden and silver church plates, gowns, sceptres', mitres, icons, golden-woven embroidery, coin collection, weapons from 14 - 20th century – all masterpieces of fine arts.

The lunch in a small cosy restaurant by the mountain river will give you full relax.

You will also have free time to buy souvenirs, make more photos or to continue to explore it by yourself.

Costs for the board and activities:

DESCRIPTION:	PRICE:
Hotel Festa, Sofia http://www.festasofia.com/page_hotel_festa_sofia_first_page_en_77.html	37 euros single room, buffet breakfast included
	49 euros double room buffet breakfast included
Meals at the Hotel <i>Included mineral water and coffee</i>	Dinner on 2 nd June: 18 euros/person
	Lunch on 3 rd June: 18 euros/person
	Dinner on 4 th June: 18 euros/person
Sofia Guided Tour on 3rd June in English	5 euros/person Transport from/to the hotel included
Dinner in a typical restaurant (Bilyana) in Sofia on 3rd June	25 euros per person
	Transport from/to the hotel included
Bus hire for trip to Rila Monastery on 4th June (lunch in restaurant "Pchelina" offered, not included in the price of the trip)	13 euros per person
Meeting hall	20 euros/person coffee break included